



LUNCH MENU – JULY 2019

SUN	MON	TUES	WED	THURS	FRI	SAT
	1 Chicken Nuggets Mac & Cheese Cucumber Slices Fresh Fruit Juice or Water	2 Chicken Strips Mashed Potatoes Roasted Zucchini Fresh Fruit Juice or Water	3 Double Cheeseburger Chips Fresh Fruit Juice or Water	4 HAPPY INDEPENDENCE DAY HOLIDAY!	5 Pizza Fresh Fruit Juice or Water	6
	(Mr. Jiffy's)	(Mr. Jiffy's)	(McDonald's)	CAMP CLOSED	(D'Amores Pizza)	
7	8 Pasta & Meatballs with Marinara Sauce Roasted Broccoli Fresh Fruit Juice or Water	9 Taquitos w/Salsa Spanish Rice Mixed Vegetables Fresh Fruit Juice or Water	10 Lemon Chicken White Rice Hummus Pita Bread Juice or Water	11 Turkey & Cheese Sub Chips Fresh Fruit Juice or Water	12 Pizza Fresh Fruit Juice or Water	13
	(Mr. Jiffy's)	(Mr. Jiffy's)	(California Pita)	(Subway)	(D'Amores Pizza)	
14	15 Chicken Burger on whole wheat bun French Fries Fresh Fruit Juice or Water	16 Cheese Ravioli Roasted Broccoli Roll Fresh Fruit Juice or Water	17 Turkey & Cheese Sub Chips Fresh Fruit Juice or Water	18 Orange Chicken w/Vegetables Chow Mein Juice or Water	19 Pizza Fresh Fruit Juice or Water	20
	(Mr. Jiffy's)	(Mr. Jiffy's)	(Subway)	(Humble Chef)	(D'Amores Pizza)	
21	22 Chicken Leg Potato Wedges Green Beans Fresh Fruit Juice or Water	23 Chicken Nuggets Mac & Cheese Cucumber Slices Fresh Fruit Juice or Water	24 Lemon Chicken White Rice Hummus Pita Bread Juice or Water	25 Turkey & Cheese Sub Chips Fresh Fruit Juice or Water	26 Pizza Fresh Fruit Juice or Water	27
28	(Mr. Jiffy's) 29	(Mr. Jiffy's) 30	(California Pita) 31	(Subway)	(D'Amores Pizza)	
	Baked Ziti w/Ground Beef and Mozzarella Cheese Broccoli Fresh Fruit Juice or Water (<i>Mr. Jiffy's</i>)	Chicken Strips Mashed Potatoes Roasted Zucchini Fresh Fruit Juice or Water (<i>Mr. Jiffy</i> 's)	Teriyaki Chicken w/Vegetables Chow Mein Juice or Water (Humble Chef)			